

TYMETRIAS L. BOLDEN

Non-Union | contact@tymetriaslbolden.com | tymetriaslbolden.com



Height: 5'6" | Hair Color: Black | Eyes: Dark Brown | Voice: Alto | Pronouns: She/Her

THEATRE

The House That Will Not Stand	Makeda	Dir. Nicole Brewer	Howard University
Fat Ham	Opal U/S	Dir. Taylor Reynolds	Studio Theatre
A Raisin in the Sun	Beneatha	Dir. Nayanna Hollins	Howard University
Trial of One Short Sighted Black Woman*	Victoria	Dir. Eric Ruffin	Howard University
Unmasking Black Women**	Sister 1	Dir. Tymetrias Bolden and Amiah McGinty	Howard University
Can Your I Love You Hold Me***	Sonya	Dir. Amiah McGinty	Lime Arts Prod.
She Kills Monsters	Evil Gabbi	Dir. Kai Hartman	Howard University
Death and the Kings' Horseman*	Jane Pilkings	Dir. LeeAnét Noble	Shakespeare Theatre Co.

FILM/TV

The Chase	Principle	dir. Jay Najeeah	HU MFA Film Program
Permanence	Supporting	dir. Jovan Scurry	HU Film Org
Envision Us On Fire	Principle	dir. Sierra Armstrong	HU MFA Film Program
Film School	Principle	dir. Victoria Greer	HU Senior Thesis

WORKSHOPS

Scene Study	Vera Katz	Howard University
Ballet	Alonzo King	SCGSAH
Modern	Garth Fagan	SCGSAH

TRAINING

Howard University - BFA Acting

Acting for TV FILM	Lalanya Abner	Howard University
Film and TV Production	Fritz Gerald	Howard University
Acting	Eric Ruffin, Kim Bey	Howard University
Shakespeare	Craig Wallace	Howard University
Speech for the Mic	Eva Wilhelm	Howard University
Singing for the Performer	Raymond Reeder	Howard University
Ballet and Modern	Dashawn Rawl	Howard University
Movement	Dawn Naser	Howard University
Diction and Voice	Eva Wilhelm, Jacqueline Hammond	Howard University

British American Drama Academy (BADA):

In association with Yale school of Drama - 2023 Midsummer in Oxford Shakespeare program

South Carolina Governor's School for the Arts and Humanities (SCGSAH)

Acting Concentration Class of 2020

SKILLS

Proficient in IPA, Basic Music Theory, Southern Dialect, British RP Dialect, Spoken Word, Mask Work, Improv, Basic Stage Combat, Modern Dance, Licensed Driver/US Passport, Cartwheel, Biking, Basketball, Softball, Volleyball, Devised Theatre, Cover up tattoos

AWARDS

Helen Hayes Awards Outstanding Ensemble Nomination, Nominated for Stellar Performer in a Supported Role***, Golden Laptop Award, 3rd place in 2022 Howard Players 8x10 Play Festival, 1st place in Jabberwock Scholarship Competition**

KEY

* is staged reading