

Trinity Lyons

(240) 941-7482 | Instagram: @misstrinityl | trinitylyons122@gmail.com | She/Her

Local Hire: DC, NYC | Non-Union | Mezzo Soprano (Db3 to Ab6)

Height: 5'7.5 | Brown Hair | Brown Eyes

Theatre

THE COLOR PURPLE	Shug Avery	CenterStage Alliance (Sherion Cosby)
SOPHISTICATED LADIES	Featured Soloist, Company	Howard University (DeWitt Cooper)
IN THE HEIGHTS	Nina Rosario	CenterStage Academy for the Arts (Sherion Cosby)
BRING IT ON: THE MUSICAL	LaCienaga	CenterStage Academy for the Arts (Sherion Cosby)
A FINE FINE SHOWCASE	Featured Ensemble, Jaime u/s	Howard University (Quinn Taylore)
THE WIZ	The Wiz, Gatekeeper, Dorothy u/s, Lion u/s, Glinda u/s	CenterStage Academy for the Arts (Sherion Cosby)

Concerts

BROADWAY IN THE PARK	Ensemble/Chorus	Signature Theatre, Wolf Trap
WE WORSHIP!	Chorus	Howard University (Phylicia Rashad, Michael McElroy)

Film/TV

33 RD & MEMPHIS	Featured Dancer, Dance Crew	CenterStage Management Group, OUTREACH Productions
----------------------------	-----------------------------	--

Training

BFA in Musical Theatre (Spring 2026)	Howard University, Chadwick A. Boseman College of Fine Arts
Overtures at Signature Theatre (Summer 2024)	Signature Theatre, Matthew Gardiner, Tracy Lynn Olivera, Holly Twyford, Lizz Picini
Voice & Music	Nova Y. Payton, Brittany C. Johnson, Juliet Lowery, Michael McElroy, Douglas Bowles
Dance (8 years) - Musical Theatre, Contemporary, Ballet, Jazz, Modern, Hip Hop, Tap	Shawn Cosby, Shalyce Hemby, Lashawnda Iya Ifanike Batts, Whitney Brown, Candace Forman
Acting	Yesenia Iglesias, Margot Fenley, Sherion Cosby, Kimberly Bey, Eva Wilhelm, Derrick A. King, Jaqueline Hammond, Peter Spencer

Special Skills

Singing, Dancing, Sight Reading, Dialects/Accents, Acting Improv, Scatting, Shakespeare, Vocal Tracking, Rapping, Whistle Tones, Stage Management, Graphic Design, Music Editing, Partnering, Sewing, Crochet, Cooking, Scenery, Costuming, Cheerleading, Teaching, Hairstylist, Stage Makeup, Fly Rail System Operation, Basic Spanish, Cartwheel, Forward Roll